

ÁMANAE

SWITZERLAND



ALIVENESS
UNFOLDING

SEP 25-27

3-DAY WORKSHOP

SCHLOSS GLARISEGG, CH

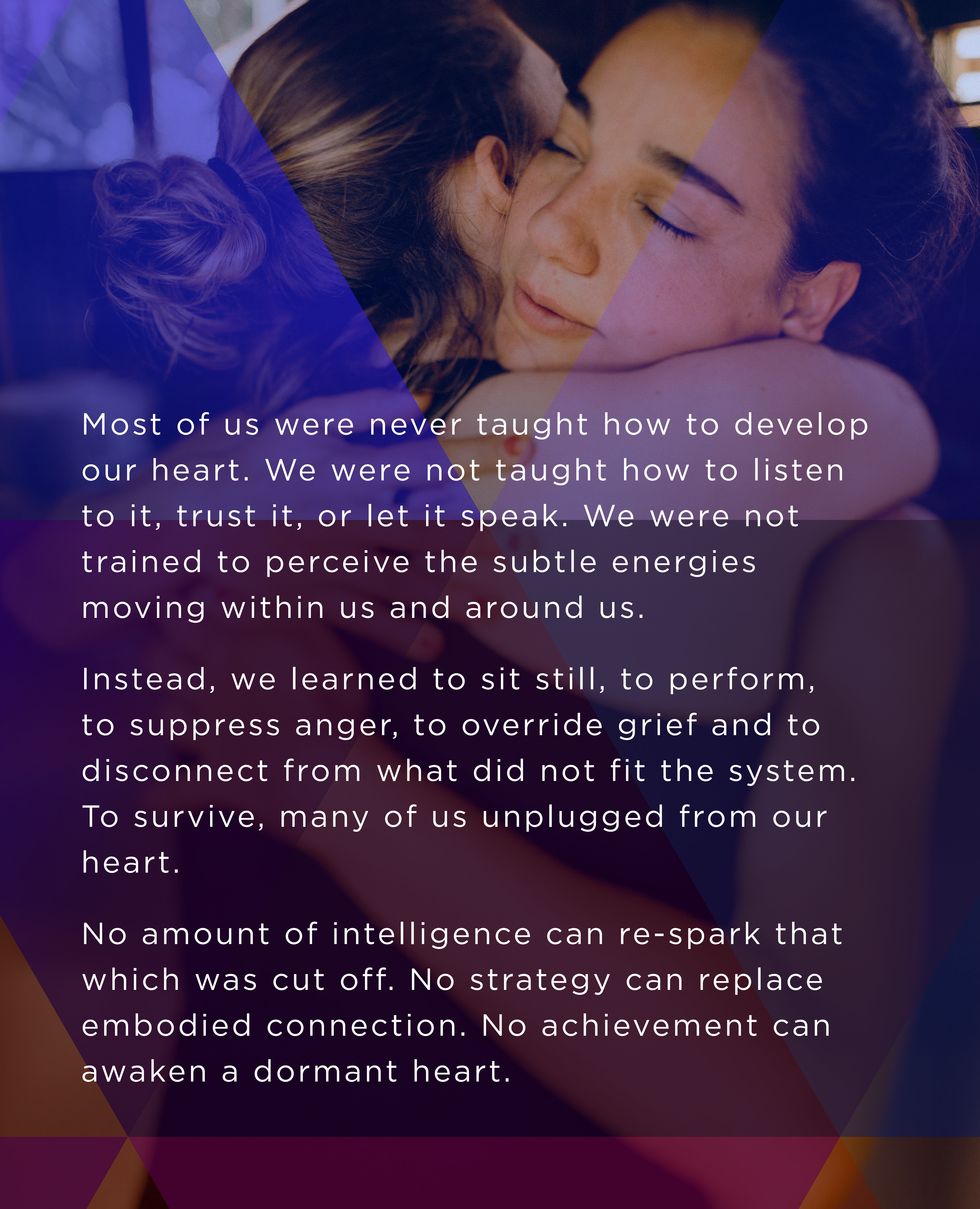


REMEMBERING THE INTELLIGENCE OF THE HEART

ÁMANAE is a galactic, therapeutic bodywork practice. It facilitates opening the heart, brings deeply held emotions back into conscious awareness, and clears the inner pathways for profound healing and embodied radiance.

A woman with dark hair tied back, wearing a grey t-shirt, is looking down at a table. In the background, two other people are visible, one of whom is wearing a dark vest over a light shirt. The image is split into two main color zones: a blue/purple gradient on the left and an orange/brown gradient on the right. The text is overlaid on the blue/purple section.

We are living in times of radical instability. Intelligence alone is no longer sufficient. Technology has surpassed our cognitive capacities - and with that, a deeper invitation has emerged: to activate the human abilities that lie beyond the mind.

A photograph of a man and a woman in a close embrace, their faces nearly touching. The woman is on the left, her hair tied in a bun, and the man is on the right. The image is overlaid with a large, semi-transparent geometric shape composed of several triangles in shades of blue, purple, and brown. The text is written in a white, monospaced font over the lower portion of the image.

Most of us were never taught how to develop our heart. We were not taught how to listen to it, trust it, or let it speak. We were not trained to perceive the subtle energies moving within us and around us.

Instead, we learned to sit still, to perform, to suppress anger, to override grief and to disconnect from what did not fit the system. To survive, many of us unplugged from our heart.

No amount of intelligence can re-spark that which was cut off. No strategy can replace embodied connection. No achievement can awaken a dormant heart.



THIS 3-DAY INTENSIVE IS AN INVITATION TO REMEMBER.

Together, we will access what has been forgotten, and gently untangle the emotional, energetic, and informational layers stored in the body.

Through the Ámanae and guided field processes, you will:

- **Reconnect with your heart as a living, intelligent organ**
- **Access and integrate deeply held emotional material**
- **Recover energy and information bound in survival patterns**
- **Reactivate multidimensional human capacities**
- **Experience healing as an embodied, relational process**

This is not about fixing yourself.
It is about reclaiming what is
already yours.

A photograph of three women in a warm, indoor setting. The woman in the center, with dark hair and a white t-shirt, is laughing heartily with her mouth wide open. She is being embraced from behind by a woman with long, curly brown hair wearing a white top. To the right, another woman with dark hair in a bun, wearing a light-colored top, is also laughing and holding the central woman's arm. The background is a soft, warm light. The image is overlaid with a large, semi-transparent blue triangle on the right side and a dark purple triangle at the bottom left, creating a modern, geometric design.

WHY NOW?

The world we are entering is wild, complex, and radically alive. It cannot be navigated by intellect alone.

This workshop is designed to awaken the human heart and reactivate the deeper capacities required to live, relate, and lead in times of profound transformation.

It is time to remember:

You are far more than what you were trained, rewarded, or permitted to be.

A L I V E N E S S U N F O L D I N G

3-DAY WORKSHOP
DE AMANAE



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WITH FACILITATORS JESSE EUSTIS & JEFFREY SHUB
SCHLOSS GLARISEGG, SWITZERLAND