

YOU HAVE DIFFICULTIES BY  
SAYING WHAT YOU NEED ?

YOU FEEL YOURSELF AS A VICTIM  
OF THE CIRCUMSTANCES ?

# BECOMING A

# YES

WORKTALK ABOUT  
SELF-CARE AND SELF-  
RESPONSIBILITY

ONLINE:  
WITH SPACEHOLDER  
NICOLE NETTE

JUNE 15, 5-7.00 PM CET  
REGISTRATION: TELEGRAM +41762307091  
INVESTMENT: 10 -20 CHF/€